

Pittsburgh Steelers

Media Conference

Saturday, August 16, 2025
Pittsburgh, Pennsylvania, USA

Derrick Harmon

Postgame Press Conference



Buccaneers 17, Steelers 14

Q. Derrick, walk us through the sack and bull rush that you executed there.

DERRICK HARMON: Really just playing within the defense, trying to do my best to help the team out to the best of my ability.

Q. How do you feel like you progressed from the first preseason game to this one, confidence building? Anything change?

DERRICK HARMON: Yeah, man, week one was kind of rough for me. I took a big -- not a big jump, but just more trusted my ability in the second game. Still a lot of work to do in the back end. Still a lot of work as far as me individually and the team, so just ready to get back to the work.

Q. Got your hands quickly up on your defenders helping establish your leverage. Was that part of what you felt was a little bit different this week or was there another part that you felt sharper?

DERRICK HARMON: Yeah, I don't know. Just playing on my long arms. I got long arms, so just playing with that consistency; so doing the best of my ability at the end of the day.

Q. I think the defensive front did better moving the line of scrimmage back last week. Seemed like especially in the first half you guys made a few plays in the backfield.

DERRICK HARMON: Yeah, like I said, just trying to get better every week. Something Cam said, don't make the same mistakes this week. Just get better. Make new mistakes and things like that. So like Coach T always says, make new mistakes. Don't make the same mistakes. So that's what we going to do.

Q. Derrick, you showed a lot of emotion there with the sack. What was going through your head there?

DERRICK HARMON: First sack as a rookie, man, felt good. It's the preseason so just ready to get that one in the regular season. That's it.

Q. How has this relationship grown with Keanu and how do you guys feel like you mesh on the field together?

DERRICK HARMON: Keanu, that's my man. We be vibbin' outside of the football. Just learn him as a person; he learned me as a person. His vibe is very nice.

Q. You were the only rookie listing in the starting lineup. Is there pressure that comes with that?

DERRICK HARMON: Yeah, most definitely. Being a first rounder, being a starter as a rookie, yeah, but feel like pressure make diamond so that's how I look at it.

Q. What was your first impression of Steelers fans and the home environment and playing defense while they're being loud here?

DERRICK HARMON: It was beautiful, man. It was real beautiful. Kind of took me back to Oregon a little bit how loud they was out there, so it was beautiful having all the fans be home finally.

Q. What did the fellow defensive linemen think of Logan's Lee long snap?

DERRICK HARMON: Oh, my God. At first I didn't know Logan Lee was out there, once Coach Denzel told me like, yeah, that's Logan. Like oh, my God. I see him at practice, before practice working on his snaps, so it's no surprise.

Q. What's something that you're looking right now -- I know you're just fresh out of your second preseason game -- but something you are looking forward to saying, hey, I want to do this in my third preseason game?

DERRICK HARMON: Nothing really. Just being consistent. I got to stay consistent and get better every week, keep getting better, keep getting reps in. Like I said just keep getting better every week.

Q. Is there an area of your game that's progressed from rookie mini camp to now more than other parts of your game?

DERRICK HARMON: Like I said earlier, playing with my extension a lot. This game I feel like I did that. And really getting off blocks a little quicker.

Q. Mike Tomlin says you have heavy hands. What does that mean?

DERRICK HARMON: I mean, 4X hands, so just got to put them paws on people.

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