

Pittsburgh Steelers

Media Conference

Sunday, October 12, 2025

Pittsburgh, Pennsylvania, USA

Cleveland Browns

Dillon Gabriel

Visitors Postgame Press Conference

Steelers - 23, Browns - 9

Q. How do you feel after taking as many hits as you did?

DILLON GABRIEL: Solid, probably not obviously not happy we lost. But, yeah. Body is, yeah, physically.

Q. (Indiscernible) took 16 hits, six sacks (indiscernible)?

DILLON GABRIEL: They're a really good team. I think on the sack end, there's things that I can help to do to try to get it out as quickly as possible just so we're not in the negative on first and second down. So, things we've got to learn from.

Q. Last game, dropped back a lot (indiscernible)?

DILLON GABRIEL: I think here and there, there's times where I definitely need to be better in creating completions, and then us working together to find that. We've got to create chunks, explosives.

That's sometimes just runners, yards after catch. Maybe that's down the field. But that's also just doing the easy things at a high level. And I think at times we're not doing that. And that starts with me, but we've got to find answers.

Q. Is it disappointing that you guys (indiscernible) Quinshon, what he's able to do?

DILLON GABRIEL: I think it's a balance. I think at a certain point in the game we were trying to catch up in a sense and be more aggressive. So we kind of, we're a little different in that end. But I think early on we tried to get that going and, of course, take our chances when we can in the pass game.



Q. (Indiscernible) said it's a long list of things to get better. (Indiscernible)

DILLON GABRIEL: I think sustaining drives. I think there's a lot of positives in certain areas, and then there's a negative play or a penalty here and there that sets us back in a series where you're going to get in third-and-long. And they've been really good at that in third and long.

At that point it's a lot tougher to sustain drives, but when we are ahead and being really good on first and second, then all of a sudden on thirds you're converting, you're building momentum and being able to sustain drives where you're in the plus territory.

And then I think when you're in the plus territory, you can't score -- you've got to go score touchdowns and not field goals.

I think there's a lot for sure to work on and we'll have to take it one by one and all get better. Like I said, it all starts with me.

Q. How do you maintain a steady pocket presence when you're under pressure a lot?

DILLON GABRIEL: I think there's got to be comfort within a pocket. And I think anytime you can operate in that with pressure, there's obviously less guys in coverage so you want to take advantage of that. But also being able to use and extend plays as well.

But I think there's a combination of the two that you've got to balance to where you're not moving unnecessarily and creating your own pressure, but then also being comfortable in the pocket when there's games and stunts going on.

Q. Was there anything unique in this atmosphere you haven't seen before?

DILLON GABRIEL: I think every atmosphere is unique to itself. But as a competitor, you want to continue to make it process-oriented. And there's a job to do and do it at a high level. And you've got to play good on the road. We play home games, away games. Either way, you've got to

play good football.

Q. When you're struggling as a whole, how difficult is it when you have big drops in big moments and how do you deal with that?

DILLON GABRIEL: It's all things we're all going to learn from. I think it's hard to just say there's drops. There's a lot of ways I can be better to help them and times that we can work through those certain things.

But within plays, it ain't going to be perfect. It never will. In the moments that we were in, it's a lot more crucial to sustain drives and get catches to keep going.

But like I said, I don't want to get it misconstrued. That all starts with me as well.

Q. When you talk about the negative plays, the penalties in particular, how do you clean those up? Because it seems like the last couple of weeks, especially, that you have a play, just the (indiscernible) penalty that negates any sort of (indiscernible) of momentum?

DILLON GABRIEL: It's tough. That's part of playing the game as well, playing penalties. I think limiting pre-snap penalties is huge, but playing penalties are going to happen. It happened on both sides. So at times we benefited from it as well. But you want to, of course, limit those for sure.

Q. (Indiscernible) for you guys. When you look out there you see all those guys first down and second and third down, do you feel as a group, as an offense, you guys are going to grow up together, but you sort of have to grow up together and make fast decisions?

DILLON GABRIEL: I try not to look big picture, just be present. I think other people in our building have the ability to look at that. But, for me, it's, like, how can we be good right now and be the best version of ourselves.

We obviously know that there are younger guys that are hungry and are gaining experience at the moment. But like I said, there's got to be growth day to day, week-to-week. And it's got to translate to a better outcome.

Q. You talked about not settling for a field goal. How do you get better in that? Do you have to be better inside the red zone, and how tough is it when you don't score a touchdown?

DILLON GABRIEL: It's tough. It gets tighter and coverage is tighter. There's a lot more pressure as well. So I think in

that case you've got to be on your Ps and Qs and being able to show eyes quicker, getting the ball out.

But also I keep going to creating completions. And when you do that, you don't go broke taking a profit and you continue to move forward. That three-yard gain and plus-10 is huge -- or even a four-yard gain.

Just being able to help yourself there, but don't want to -- we want to score touchdowns in the red area.

Q. You're 1-5 now. What's the mindset? Where do you go from here? How do you feel (indiscernible)? What can you guys do?

DILLON GABRIEL: Well, the good part there's a lot to learn from and grow from. So, I think we'll have a lot of things to look at and address. So that's positive.

But like I said, it has to go back to action and getting work done so that there is a different outcome, because nobody in the building likes this feeling, and we definitely don't want to keep that rolling.

FastScripts by ASAP Sports