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Amy Trask

Q. Amy Trask, it's kind of surreal sitting here with you. We've been friends for over 25 years.

AMY TRASK: We met when we were seven, right?

Q. Yes, we met when we were seven. And just hearing "Amy Trask, former CEO of the Raiders," I don't think fully captures the magnitude of that job and your role, pioneering role. Tell me a little bit about, because as we like to say, there was no line at the restroom at those owners' meetings.

AMY TRASK: That's exactly what we did say. And that's a very kind, very gracious introduction. The part about how long we have known one another is a little bit frightening.

Q. It's a little jarring.

AMY TRASK: I'm sure there's people here that might not have been born when we met in our respective careers. Not sure exactly what you want to know. But there was no line for the ladies' room. And I used to joke about that. There would be a break in the NFL owners meetings and all the men would run, there would be a line for the men's room. I would walk right into the ladies' room because there was no one there.

Q. You were the only woman in the room?

AMY TRASK: When I started my career for a number of years, right.

Q. Let's go back to growing up in Los Angeles and how did this get started? And was the passion for football always there?

AMY TRASK: Grew up in Los Angeles, as Sam just said, and I fell in love with the game of football when I was in junior high. Started to junior high, went to my first-ever football game, it was a junior high school game. And I just fell in love with the game.

Because, yes, we all know about the speed and the power and the strength of the players, but it's a very cerebral

game. It's a game of matchups -- how does your pass protection work against our pass rush and vice versa? Can your corners cover our receivers and vice versa? Can you play man -- and I worked for Al Davis for almost three decades, so you're playing man -- how do your linebackers match with our running backs and vice versa?

I did not grow up in a family of tremendous football fans. I mean, sure they watched the Super Bowl every year. There was either a Super Bowl my parents hosted or one we went to. But I was the one in the family, on Sunday I said, I want to stay home and watch football. They all looked at me, like, did we take the wrong one home from the hospital because no one was staying home with me to watch football with me.

Every year for the holidays, when I got old enough to buy gifts for my dad, and when I was young enough my mom was giving me money to buy gifts for my dad, I would buy him Rams tickets, so I would go to the Rams game with my dad with tickets I bought him for the holidays.

Q. We made news here, you were originally a Rams fan.

AMY TRASK: Fair enough to say -- I really wasn't. I was a football fan. The Rams were the team here. I wasn't against the Rams. I just didn't have a particular affinity for any team until I went up to Northern California for college. I was at Berkeley. The Raiders were actually right down the road and I fell in love with the Raiders.

Q. Now, there are millions of kids who fall in love with football, millions of girls who fall in love with football. That's still not making the jump from a fan and somebody who loves it to CEO of the Raiders with Al Davis there. How did that happen?

AMY TRASK: As I said, I fell in love with the Raiders when I was at Cal Berkeley. Everything about the team -- you would watch teams play on the road and all the teams, the guys would get off the team bus in their sport coats with their briefcase. Then you'd watch the Raiders get off the bus for a road game, and they're just tumbling out in their sweats. Like nobody had slept the night before and rag tag.

And what really resonated with me was Al didn't care if you

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sports

were labeled a behavior problem. He didn't care if other teams refused to sign you because you were, quote, a behavior problem. Well, I was labeled a behavior problem in kindergarten. And that -- look at your face, yeah, I get that -- and that label stayed with me through 12th grade. Some people would say it's still an appropriate label.

So I loved the fact that this is an organization that gave a chance to people other organizations would not give a chance. Al gave people second chances and sometimes third and fourth chances. And I loved that about the team. I loved the whole rough and tumble, rag tag, everything.

When I came home from grad school was the same year coincidentally that the team moved from Oakland to Los Angeles. Al had tried to move the team a few years earlier, but the court ordered the team back as part of the whole litigation.

The year I graduated from Cal and moved back to Los Angeles, the team came down. I used to go to Raider games at the LA Coliseum. And here I am, first-year law student, and I hear everybody talking about these things called internships -- and I knew what an internship was -- and externships and I had no idea what the difference was. I picked up the phone and I called the organization, and I said I'd like to be an intern. That's how it started.

Q. Wow. And then from there, what was your first meeting with Al Davis?

AMY TRASK: Do you know who took the call for that? They said hold on, we'll put you through to someone -- Al LoCasale. And he said, what does an intern do. And I said, well, I'll work for you.

Q. So, you created the internship?

AMY TRASK: I was their first intern. I said, I'll work for you and this is what I'll do, maybe I'll get school credit. And he said, okay, come on down. And I think my first interaction with Al was very shortly after I became an intern, because as a law student, I was doing a lot of things in the organization, but interacting with the team lawyer. When Al would have meetings with him, I went into the meetings.

Q. Wow. And that was right here in El Segundo?

AMY TRASK: Right. Boy it was a trip down memory lane. And, by the way, this is not our father's El Segundo anymore. It's very different than it used to be.

Q. That was a small middle school?

AMY TRASK: Middle or elementary. I don't remember, I

think middle school.

Q. There was something about that renegade Raider thing, it resonated in Los Angeles. You got a foothold right away in Los Angeles, didn't you?

AMY TRASK: Yeah, the team came down, I think the first season was '82. I joined the team as an intern in '83.

Q. Were you there for a Super Bowl?

AMY TRASK: I was an intern. Not really.

Q. Anyway. So moving forward, the working relationship with Al Davis, this legend, living legend. What was that like for you?

AMY TRASK: The biggest misconception about Al is that he wouldn't tolerate disagreement or he wouldn't tolerate anyone who disagreed with him. Because if that were the case I would have been fired about two weeks into my job.

Two weeks into my job, maybe two and a half, I'm sitting in the office with a coworker. Al walks in and rips into this guy like I could only imagine a velociraptor would rip into flesh. As I listened to him talking I realized he was wrong.

Sam, you know I don't have a dainty voice under any circumstances. But he was yelling. To be heard I yelled. I said, excuse me, really loudly -- firmly, I would say, firmly and loudly and clearly -- I said, excuse me, you're wrong.

And I will forever remember the look on his face when his head spun around towards me. It was like Linda Blair in "The Exorcist," only none of the green stuff.

He looked at me, like, what did you just say? And I said, look, you're wrong. And I went on to explain to him, and it's heated -- I'm yelling, he's yelling -- and I said, if the facts on which you were basing your conclusion were accurate, if you were relying on accurate information, accurate facts and data, that would be a fair conclusion. But you are basing your conclusion on inaccurate information.

He yelled and I yelled and he yelled. I didn't learn until much, much later that people had gathered in the hallway of the middle school. All the staff is listening to this girl who had been there about two weeks yelling with -- one woman even brought boxes cuz she figured I'd have to pack up my stuff.

After a pretty long argument, he said, oh, okay. I gotcha. I got it. And we went on to have a conversation. And I think that set the basis of our relationship because over the

course of almost 30 years, I disagreed with him more than I agreed with him. And we argued and we fought. I did my best to convince him when I thought he was wrong.

But I also recognized and respected at the end of the day, so to speak, he owned the business. I didn't. So when he made a decision, even if I disagreed with it I had to make it into the best decision it could be.

Q. Diversity or lack of diversity is a hot topic in the league right now. But if you look at -- Al Davis had a pretty remarkable track record, whether it's Tom Flores, Art Shell, you -- he was pretty amazing. Tell me about that.

AMY TRASK: What I say to people, because, look, there are going to be people watching this that love the Raiders. There are going to be people watching that hate the Raiders, people who loved Al, people who couldn't stand Al. But if we're all being intellectually honest, team loyalty aside, he did the right thing. Al hired without regard to race, gender, ethnicity or any other individuality, which has no bearing whatsoever on whether one can do a job.

And I talk about this a lot. And people will say to me, Amy you talk so glowingly about Al and the fact he hired Tom Flores and you and Art Shell. And I point out, name someone else to me in the NFL in the early '80s who was hiring a girl.

I owe my career to the fact that he understood race and gender and those individualities don't have any impact on whether one can do a job.

Q. What would have happened had the Raiders wound up in LA, back in LA with the Rams in the same stadium, the Chargers, would that be --

AMY TRASK: You mean in this most recent cycle? I thought you were talking way, way back in '95. I thought the way the league went about it was interesting because they awarded the Los Angeles market, if you will, to the Ram franchise. And Stan did a magnificent job building that stadium.

Think what you may of anything regarding the NFL, that building is magnificent. And what the league did was said, okay, Chargers we're giving you X amount of time to decide whether you want to opt in. And if you don't opt in within that period of time, the Raiders have the right to opt in.

And I said at that moment to anyone with whom I was speaking, of course the Chargers are going to opt in, because if the Chargers -- the league positioned the

Chargers that if they didn't opt in, they knew the Raiders were. And now you've got three teams within roughly 120 miles. And that's rough.

Q. They would be hemmed in. Were you surprised that the Raiders ultimately or any team wound up in Las Vegas?

AMY TRASK: Not surprised the Raiders did, but surprised as to the entire change of view of the NFL as to Vegas. Look, how many years ago was it that they said no to a player, I think it was Tony Romo who was going to go to a fantasy convention there. I'll tell you something about a change on the league's view to this. We were the first team to put fantasy information on our website.

You couldn't bet, you couldn't play fantasy, you couldn't gamble. But we put data on the website. We knew people were playing fantasy. So, we put data about rosters -- no gambling, no money involved.

Within two minutes of that going live on Raiders.com, the phone at my desk rings. It's my private line. I pick it up. It's an executive from the league office who says three words to me. No, maybe it was four words. "Amy, take it down."

So the league has emerged from "Amy, take it down," to now there's a franchise in Las Vegas and there's gambling partners and sponsors and it's just a different world these days. Look, gambling, there's gambling in Casablanca. Gambling has gone on forever. Now it's simply above the table.

Q. How is it going to ultimately change the league? We're always seeing the leading edge of this, the amount of money that's involved in this, but what are the down-the-line effects?

AMY TRASK: When I think about this, my law degree comes into play, my legal education, because there's an expression in the law that you have to not only avoid impropriety but the appearance of impropriety. And sometimes the appearance of an impropriety can be almost, if not as problematic as the impropriety -- maybe not as problematic as impropriety but pretty darned close.

Here's an example. A Raider player, Friday night, you know Fridays, the team, if it's a Sunday home game the teams get off early on Fridays. A lot of players go out with their significant others.

So let's say you have a player, significant other, they're going to go on a date to a really, really nice restaurant that happens to be in a casino. Player's doing nothing wrong.



A fan stops the player and says, hey, can I take my picture with you? And the player does what every team in the league hopes the player will do and says, sure, let's take a picture. Puts his arm around the fan. They take a selfie and someone takes a picture, and right behind them are the words "sports book."

That player has done absolutely nothing wrong and in fact has done everything right by being gracious to that fan. And yet if that player misses a tackle on Sunday or fumbles the ball on Sunday, are people going to be quick to say, oh, but wait I saw him in front of the sports books.

And again I want to emphasize in my example that player's done everything right. So the league is going to have to make sure to avoid not only improprieties but the appearance of improprieties.

Q. If you look at the accusations of Brian Flores, really the idea that he might be paid to tank games really cuts to the heart of the league's most important asset which is its credibility and the idea that everybody's playing on a level playing field.

AMY TRASK: That's obviously a big, big allegation. And there's a number of possibilities. He may have said it and meant it. We don't know. He may have said it in what he intended to be a joking, jocular fashion. I really didn't mean it, like hey, maybe I'll pay you, but kind of silly and funny, never intending to do it. Fair enough, Brian may have interpreted it -- look, people misinterpret humor all the time.

I'm not saying it was humor. I don't know if it was humor. But you could posit a hypothetical where it was accurate and he made the offer and it was sincere and that's a big problem. You could posit the hypothetical that he said it in jocular fashion but it was interpreted in serious fashion.

There will be a lot of discovery related to that. There's going to be a lot of legal billable hours associated with this.

Q. Your law school degree, the fact that you're a lawyer has really come into play in your career quite a bit, hasn't it? I mean, both in your career as an executive, but also in your TV career?

AMY TRASK: And it's a great education. I was one of those millions of kids, maybe not millions, that goes to law school, never, ever, ever intending to practice law. I just wanted the education for a couple of reasons.

Again, I came out of college in the early -- out of law school in the mid-80s. I thought as a woman going into business, it would give me that little extra bit of gravitas, but I also

loved the education.

Q. You passed through the door and held the door open for a lot of women. What's the report card on the league in terms of that level of diversity?

AMY TRASK: I guess I have a very long perspective on this, because, again, when I walked in that door of my first league owner's meeting, I was the only woman, and I was the only woman there for a number of years.

I should say, there were other women who would come and go. But they were the wives or daughters of team owners. But I was the only nonrelated -- and really in many meetings I was the only woman -- but when the social events occurred after, there were wives and other women at the social events.

But over the course of my career, some terrific, terrific women, it started opening. Jeanne Bonk with the Chargers, Hannah Gordon with the 49ers. So I have seen progress. People ask me when I see progress, am I excited.

Well, when it's really going to be exciting is when it's no longer newsworthy. Sure, it's exciting when we see progress, whether it's related to race or gender or any type of diversity. But what's really going to be exciting is when it's no longer newsworthy because it's de rigueur.

Q. We're seeing coaching, women in coaching now. Your thoughts on that?

AMY TRASK: I'm laughing because I can't tell you how many times I would be watching practice, we called it film, even though it wasn't film anymore. But I'd be watching practice film or game tape with AI and I would start my sentence with, you know if I was defensive coordinator -- and before I got another word out -- you're not. If I was defensive coordinator, you're not. But in all sincerity it's terrific to see. We saw a female official in last year's Super Bowl.

And umpteen people said to me, well, Amy, they're doing it to be politically correct. No, no they're not. Let me tell you something, and you know this so let me tell you something: The last thing the league wants is for officiating in the Super Bowl to be a story.

The league wants the best officials on the field. The league wants officiating to be beyond question. So the thought that the league would put anyone on the field that the league did not feel was best suited to officiate in that game is just silly. She was on the field, Sarah was on the field because she deserved to be on the field.

Q. You were in all those meetings for all those years, the two-per-club meetings, some one-per-club meetings. Is this how the league wanted to return to Los Angeles, in terms when you look now host a championship game, Super Bowl, in this stadium, with the Hollywood Park complex growing?

AMY TRASK: Yes, in one regard which I will share. But with a footnote. So the stadium is magnificent. And this is the vision the league always had for Los Angeles, which was a breathtaking, magnificent stadium which would host not only regular-season games but Super Bowls and perhaps other events down the road.

I don't think it ever occurred to anyone at the time the Rams moved to St. Louis and Al moved the Raiders back to Oakland, I don't think it occurred to anyone that it would take as long as it did.

How many meetings did you attend where you raised your hand at that press conference after the meeting and asked, you know, much more eruditely than this and much more politely, but, when's it happening.

Q. I know. It's amazing.

AMY TRASK: I don't know if eruditely is a word. I think I just made it.

Q. I'll take it.

AMY TRASK: Put it in the Urban Dictionary.

Q. Tell me about your use of Twitter, because you really effectively use this to build an audience and really have a repartee with the --

AMY TRASK: Twitter village.

Q. And you say hello to them, and people love you.

AMY TRASK: When I joined CBS Sports, someone in the PR department/social media department said, would you like to go on Twitter. I said, no! No! I was like Krushchev -- nyet, nyet, nyet! Google it, kids. I was like no, not a chance. I'm never doing it, never ever, ever, ever.

Then I went on Twitter and I'm now pretty sure it was invented for me. I say that teasingly. I know it wasn't. I love it. When I think about the fact that we can have conversations with people around the world in real time at no cost and engage in discussion, how great is that?

I'm interacting with people all over. And we have a rule in

our Twitter village, go ahead and disagree. But disagree agreeably. We exchange thoughts in a reasoned and reasonable manner. And we disagree agreeably when we disagree.

Now, look, there have been times -- up until recently when I did something that really annoyed people -- I could count on one hand or maybe one and a half hands the number of times someone was really nasty.

And when I see a mean reply, I'll respond if I have a moment to do so, if I see it I will always reply and say, hey, you know what, go ahead and disagree with me, but you don't have to be mean. I know I sound like a third grader -- don't be mean. But I'll write back and I'll say, go ahead and disagree with me, but you don't need to be mean. You don't need to be nasty.

In all but extremely few instances the person writes back and says, you know what, you're right. You're absolutely right. I can tell you I strongly disagree with you and I don't need to be a jerk when I do it.

Well, think if we could get the whole world to do that. Think if everyone on this planet when disagreeing with one another did so agreeably. And if we listened to one another and we exchanged thoughts in a reasonable manner. And Twitter lets us do that.

Q. It harkens back to that conversation in Al's office where in the end he said, you probably are right.

AMY TRASK: Go ahead and disagree and share your thoughts and share them strongly. But you don't need to be nasty. And you don't need to call people names. I have no issue with people telling me I think you're wrong. But you don't need to say, I think you're wrong and then fill it with expletives.

But you're seeing -- you're in your house or on the beach or in a coffee shop or in your car -- not driving, you're not typing when you're driving -- and you're interacting with people across the globe. How great is that?

Q. You talk about being at the beach. You were traveling across the country every week for CBS Sports. And now you're at the beach for your job. Tell me how that worked out.

AMY TRASK: Well, thank you CBS Sports, CBS Sports Network, gracious, generous. I'm now participating every week in our show, but I'm doing it from a satellite location in Los Angeles.

So instead of the show ending at 9:00 California time and

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me getting home at 9:15 at night, the show ends at 9:00 California time and I'm home at 9:15 a.m. and the first thing I do is I walk to the beach and grab a cup of coffee at the Surf Shack there.

Q. What a great life. That's neat. Did you ever think you were going to be on the media side of this?

AMY TRASK: Well, for a while in college I thought I would want to be a journalist. I really thought for a while I was going to be a journalist but never on camera. Kind of the facts, give me the facts.

Not only did I never think I would go on camera, I affirmatively declared to everybody I would never go on camera. It's the scariest thing I've ever done in my life.

Think about that, Sam. I worked for AI for almost 30 years. I stood up at one-per-club owners meetings and argued with people. The only thing I've ever done that has scared me from a business standpoint is being on camera.

When I was first approached about going on TV, I said no. Just as strongly as I said no to Twitter. Are we kind of seeing that maybe my nos don't last? But I said, no, I'm not doing it, I'm not doing it.

And I was with a group of friends one evening and we were talking about what I was going to choose to do next. I had just given notice to the Raiders a few weeks earlier. And I said, well, I have this opportunity to go on TV, but I'm not doing it. I'm never going to be on camera. And I'm going on and on about my insecurities. And I'm sharing the reasons I'm not going to be on camera.

And I'm happy to share them with you, but the punch line of this is a woman said to me, in a very quiet voice, she just said, let it go. And I thought that just resonated with me.

And being on camera is the scariest, hardest thing I've ever done. My first year, my first year on CBS Sports, Bart Scott, former linebacker was on the show, he held my hand under the desk until every commercial break ended and then he would put my hand on the desk. After the commercial, he'd -- after the segment, he'd take my hand again.

I told the producer that year, Shawn Robbins, week one, I said, I am so scared, I'm going to throw up all over myself on camera. And his response was, oh, my gosh, we'll get so many YouTube views for that. (Laughter).

Q. That's great. When you look at this Super Bowl matchup, what do you think the determining factors are going to be?

AMY TRASK: Pass rush, pass protection. Joe Burrow was sacked a lot this season. And by a lot, I'm going to go Julia Roberts: Big! Huge! He was sacked a lot in the divisional playoff game, sacked nine games.

Now, look there's a lot of different reasons for those sacks. Some were pass protection, some were play calling, some was his decision-making. But he was sacked nine times in that game.

Championship game, only once. But Aaron Donald and that Rams defense, they have to be licking their chops. And conversely, pass protection for the Bengals has to be thinking whatever we have to do, whatever. Leave a tight end in, leave two tight ends in. Leave a back in to chip. Whatever we have to do, we have to protect Joe.

I think -- and, by the way, I think most games come down to the line of scrimmage. And I think this game will come down to pass rush versus pass protection. And, by the way, someone's got to cover Ja'Marr Chase.

Q. I was thinking the last Super Bowl in Southern California, now we know the last Super Bowl in LA was 93. But the last Super Bowl in California was yours, in San Diego.

AMY TRASK: Thanks, Sam.

Q. Sorry. What did you learn about the Super Bowl that maybe surprised you back then?

AMY TRASK: Well, I will put a disclaimer in front of this. They beat us. We lost. This is not offered by way of an excuse. They beat us fair and square. We lost the game.

But it was the only time the league or the only time to my knowledge, certainly the only time in the modern era, at least that I can recall, that the league did not have a week off between the championship game and the Super Bowl.

So instead of a two-week break, it was championship game; Super Bowl was the next week. So now, whenever I hear coaches talking about the fact, well, you know, the first week we let the players worry about tickets and worry about plane flights for their family. And then the second week we hunker in to focus on the game. We didn't have that first week.

People would say to me, "Well, Aim, equal footing because neither did the Buccaneers." But we were playing our former head coach. So he had the insight to -- two weeks maybe we were able to change our play calls. Two weeks maybe we were able to make some adjustments.

Again, they beat us. They beat us fair and square. But I don't think the league should ever go back to missing that one week prior to the final week before. You need the two weeks.

Q. You referenced Jon Gruden. He had a life-changing difficult year and everything. What do you remember about hiring Jon Gruden?

AMY TRASK: I'm so glad you asked that. Kids use an expression these days, "humble brag." There's no such thing, because it's an oxymoron. If you're bragging, you're not humble. That's the only coaching search in which I was ever involved in almost 30 years.

So one time, in almost 30 years, Al involved me in a coaching search. He had me meet every single candidate. After I met them all, Al called me into the office and said, Which one would you hire? And I said without any hesitation, Bill Belichick.

He went on to hire Jon, which at the time was a fine decision. Worked out well for the years that he was there. And I never thought that story would become public. And then we had a press conference up in that auditorium that you know well. And at the press conference Al said, Amy told me to hire Belichick. And I was really touched that he did that, because he did not have to admit publicly. Now it's there for anyone who wants to Google, Amy told me to hire Bill Belichick. And from that point on I kind of just glowed every time he would say to me, Kid, you know how to hire a coach.

Q. Yeah, because at the time Bill Belichick was not a hot commodity at all.

AMY TRASK: No.

Q. But surprisingly, you got another --

AMY TRASK: Smart, smart. As they say in Boston, wicked smaut.

Q. Wicked smaut. What about Tom Brady and his obviously now -- first of all, you think he'll ever come back? Do you think this is -- I know he's 45 years old. I know he's -- but he's left the door slightly cracked.

AMY TRASK: He closed that door, and within a week he cracked that door back open. I wouldn't be surprised if he does or if he doesn't. He's been very, very clear that he wants to spend more time with family. He's been clear about all that he's missed by not being with family.

And I do -- this is not Tom-specific. I do push back a little bit or bristle a little bit when I hear professional athletes saying, you know, I'm missing so much time with my family. Fair enough, you are.

But so are the men and women who are deployed overseas in the Armed Forces and are sent off at a moment's notice to someplace in the world where their lives are in danger and they're not earning what players are earning.

So does the mom or the dad who is working three jobs to support a family. So, yes, I understand Tom and all players are sacrificing weekends with family.

But you know what, you're sacrificing weekends with family, being paid a lot of money to do so. That person who is all of a sudden deployed to a hot zone in the world, they're not being paid what you're paid, and they're missing time with family.

The single mom or single dad who is working three jobs, they're missing time with family, too.

Q. We've talked all this time, we haven't even mentioned basketball.

AMY TRASK: Oh.

Q. Tell me about your basketball life.

AMY TRASK: The BIG3, founded by Ice Cube and Jeff Kwatinetz, the two of them long-time business partners. Clyde Drexler is the commissioner. I serve on the board. And we were really just going.

We had our mojo going and going. And then like many, many businesses, we slammed into COVID. We had to shut down for COVID. We came out of COVID, and now we're looking to see what the future will determine.

But boy, oh, boy, there's a segue here as well. It is a basketball league comprised of former NBA and now European basketball players. But talk about diversity.

When we made Clyde the commissioner and he had been coaching, we needed a new coach. So I remember saying to Cube and Jeff and Clyde, What about Nancy Lieberman? And not one of them raised her gender as an issue.

And we hired Nancy. In her first season she won the championship. And all the players and fellow coaches voted Nancy Coach of the Year. Next year, the league expanded. We hired Lisa Leslie who, in her first year, won

the championship and was voted Coach of the Year.

And my point in all of this there's not one player or coach in the BIG3 who thinks of them any differently than any other coach.

Oh, other than they think of them as championship-winning coaches. And I remember after Nancy led her team to the championship in her first year, we were at the post-championship press conference. And every question was preceded with, What's it like to have a woman coaching you? What's it like to have --

One of our players grabbed the microphone and said Stop starting every question with "woman coach." She's the head coach. And my heart just popped.

Q. Wow. What's next for you?

AMY TRASK: You know what the fun is, to be determined. I love what I'm doing with CBS Sports. I do think a lot about this, Sam. There are a lot of problems in this world. Tremendous problems. We could sit here all day and not list all the problems, whether they're political issues or environmental issues or poverty issues.

And I think, do I want to keep talking about man versus zone? Or do I want to maybe look at doing some other things? And so there may be other things to follow.

Q. Well, thank you very much, Amy Trask. It's been terrific. Great to reconnect here?

AMY TRASK: I hope this is still being recorded because I want everyone to know that it popped my heart when you invited me to do this. It is an honor and a privilege and pleasure, as has been working with you for all these years.

Q. Thanks, Amy.

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