

Atlantic Coast Conference Football Kickoff

Monday, July 22, 2024

Charlotte, North Carolina, USA

Florida State Seminoles

Joshua Farmer

Press Conference



THE MODERATOR: We'll take questions for Josh.

Q. You recently had a special with the climb. Talk about telling your story and why you felt that was the right situation to do that?

JOSHUA FARMER: Because a lot of people don't know. I just think it was important for people to hear 'cause I will hear people say things like, Where are your parents, where they at? I would just brush it off.

It was just the perfect time to tell them my parents passed when I was young. I think they shouldn't have.

Q. You implemented a new system of heavily rotating the defensive line last year. How did that over the course of the season play out? How excited are you to have your guy Darrell Jackson back?

JOSHUA FARMER: We was able to rotate like six or seven of us. It played a big part in keeping us fresh. When we were tired, we were still rolling.

I'm excited to have Darrell back. The last time we played, we had eight shutouts, so we're going to try to do that again this year.

Q. We all know how exceptional the defense was last year. You still have a lot of pieces. With the new transfers and recruits, what is your role when it comes to coaching those new guys?

JOSHUA FARMER: Showing them the standard. We went 13-0 last year. Whatever we did last year worked. Just helping them when the days get tough, things get hard, show them we all went through it, it's only good to make them stronger. Getting them on the same page as us.

Q. You mentioned the standard of FSU defense. Touch on what that standard is.

JOSHUA FARMER: Running to the ball every play, being tough, smart. Mainly just being resilient, running to the ball. That's what our DC preach and our D-line coach. Everybody, all 11 hats running to the ball. I think that's the standard.

Q. Can you talk about what the standard is at Florida State, what's expected, and how motivated have you guys been knowing that you guys were pretty much shutout of the College Football Playoff when you deserved to be there?

JOSHUA FARMER: The standard is the best. Like being our best every day. Even when things get hard, hiding them and putting your feelings to the side, getting the job done, just trying to be your best.

Yeah, we pretty pissed off. I think we deserved to be there last year. That's in the past and everything happen for a reason. I'm just happy to be here today and do it again, show the world why we should be there.

Q. Your thoughts about going to Ireland in a few weeks?

JOSHUA FARMER: I never flew that far. I'm a little scared (smiling). I'm just happy to play, be here. I'm excited to play there. It's different.

Q. What are you looking forward to the most?

JOSHUA FARMER: Just being with my brothers in another environment. Just having a good time. Just playing football.

Q. You missed all of spring. Do you feel 100% going into fall camp?

JOSHUA FARMER: I feel very good. It was just my hand. Nothing was wrong with my legs. I ran and did everything. I feel good, better than ever. I'm in the best shape of my life. I just feel great.

Everything happen for a reason, so it's no needs to beat



myself up about it or nothing like that.

I feel good.

THE MODERATOR: Thank you.

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