



Russell Henley

Quick Quotes

Friday, April 11, 2025

Q. Russell, just curious, obviously a much better round today. How are you feeling about what was working today versus maybe what wasn't working yesterday?

RUSSELL HENLEY: Yeah, hit it a lot better. I just felt like I was thinking a little bit less and just playing golf and hitting shots a little bit more.

Still a slow start with a bogey on 1, but definitely felt like I was giving myself more birdie looks and kind of had a little bit more flow to the round than yesterday.

Just had a lot of eight-footers for par and bogey, so it was a little better than yesterday.

Q. I imagine you were thinking more yesterday. Was there a specific thing on your mind that you were able to clear out?

RUSSELL HENLEY: Just technically I think I had a couple things I was trying to do in my swing, or in my setup really, and I just think I was overthinking and not thinking as much about the shot.

Q. I assume that's family back there --

RUSSELL HENLEY: That's some of my wife's friends, yeah.

Q. I'm curious, obviously being from the area, coming to UGA, all that kind of stuff, is there a mental shift, a mental adjustment that needs to be made when you're playing here in a state that you know so well?

RUSSELL HENLEY: Yeah, it's just exciting. Pretty cool to have grown up about two and a half hours away from here in Macon.

So I think there's a lot of excitement because I'm from here, excitement because it's the Masters, and know a lot of people who come to this tournament. A lot of people were asking me for tickets.

So there's just another element besides just playing golf when it comes to this week.

Q. I was following you today, and it seemed like it was a roller coaster day. Seemed like you kept it pretty calm. Is that difficult to do when you're coming off a day as rough as yesterday?

RUSSELL HENLEY: Yeah, it's tough. I'm never really that calm. I might look like it, but I'm never really that calm. I'm a pretty nervous person. Yesterday just was terrible. It was such a tough day. Really stunk to start out my first day like that.

I really wanted to come play well today. I knew I could do it, so hopefully it's good enough to play the weekend.

Q. I'm curious, as well, you mentioned yesterday being so rough. What do you do to be able to come back? Do you have a certain routine or anything?

RUSSELL HENLEY: I went and hit some balls on the range when I was done and just tried to regroup and kind of go, okay, what was I doing poorly, was I committing to my shots, were our decisions good, did we make any decisions that cost us, and if I was hitting it poorly, what was I doing wrong and how can I fix it and get some reps in after the round to feel a little bit better about.

So nothing crazy, just make a few little adjustments and get feeling better it.

Q. I know you haven't missed a cut here in a long time. Obviously there's a chance of that. What would that feeling be to miss the cut?

RUSSELL HENLEY: To miss the cut, it would suck. I don't want to miss it. But at the same time, I mean, I feel very blessed. To play this game and -- I've already won one of the biggest tournaments on the PGA TOUR this year, and so I've been playing well.

There's a lot to be thankful for. I'm healthy and I feel good and I feel like I can play some good golf this year. No matter what, I feel like I'm in a great spot.

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