

NFL International Series

Falcons vs Jets

Sunday, 10 October 2021

New York Jets

C.J. Mosley

Postgame Press Conference



Falcons 27, Jets 20

Q. C.J., not a good team on third down today. In your mind what was the problem on third down?

C.J. MOSLEY: Start off with a lot of mental mistakes on our part. Uncharacteristic mistakes especially in the first half, the first couple drives. They did a good job setting up some routes for our defense. So credit to them for that. But honestly I feel for the most part we didn't start out as well as we usually do on third down, and just in general.

But once we settled down, kind of figure out what they was doing, we made some adjustments. But I think for the most part we have to make sure we don't get ourselves in those type of positions and we've got to do better as far as penalties on defense.

Q. Do you look at all the number of snaps -- after last week, didn't get on the field at all this week, was it because of travel?

C.J. MOSLEY: All that played a part, I'm sure both sides of the team, but that doesn't mean anything. Just got to play football. You've got to do what you have to do. So we didn't -- I don't think anybody tried to use that as an excuse.

Q. When the offense goes three-and-out, starts a series, you're on the field for 11 minutes in the first quarter --

C.J. MOSLEY: They make our offense three-and-out, we should make their offense go three-and-out.

Q. You had a chance there obviously to get the ball back and they scored the touchdown. What happened on that drive and how disappointed were you not to be able to do that?

C.J. MOSLEY: That goes back to a mental mistake. I'm not sure exactly what happened on the back end or whatever, that whole possession, but we've just got to find a way. We had the momentum rolling. We had a

few turnovers. We got good field position. So we had them, and they was backed up, as well, at the beginning. So we just have to find a way no matter what the call is or the situation.

On defense we have to put the team back in position and find a way. Just coming up, everybody has to get healthy, do some self-scouting and everybody has to look at each other in the mirror to figure out what we have to do to get better and after that look at our next opponent. This is a bye week, but it's really not. We've got to really lock in and feel what we have to do as a team collectively to get back on track because we can't have a game like we did last week and fall back in the hole in the first half.

It's just hard to do that in this league no matter who you're playing. When you get down early that fast, it's always hard to come back. We always show heart when we fight back and claw back and come down to the end of the game and fourth quarter. Just have to, you know, like I said, look ourselves in the mirror and figure what we have to do.

Q. Do you believe that the defense is still trying to find the killer instinct?

C.J. MOSLEY: No, I don't. We just have to eliminate our mistakes and stop the penalties. Especially on third down. I think everybody knows what this defense is about. Everybody feels comfortable in this defense. Everybody feels comfort at their position. You can see that, especially when we was really starting to get things rolling, everybody was having fun, flying around, getting turnovers.

So when the big moments come, we have to really lock in, really have just a mental mindset that we have to do our job. It doesn't have to be everybody -- one person doing one thing better than the other. Every player on the field just doing their job and good things will happen. So once we eliminate those mistakes, once the moment comes, we do our job and then we'll be where we need to be.

Q. What did you the call on Quincy?

C.J. MOSLEY: The call is the call. Not much we can do about it.

Q. You were a Top-10 unit in the red zone and today offense went to the red zone four times. What were



some issue?

C.J. MOSLEY: I'm not sure honestly. We're going to watch the film once we get back. We'll definitely see what the issue was there. But for the most part felt like we tried our best and we lined up and did our normal calls in the red zone. They just got the best of us today.

Q. What did they do early that gave you guys problem?

C.J. MOSLEY: I think that goes back, honestly, just I'll start with me. A lot of those routes I was going over the middle, going over, that's on the linebackers. That's on me, some of those plays.

So we just, like I said, we have to just do a better job earlier in the game and knowing what we need to do when we have a defensive call, knowing what we have to do, not having extra, not trying to make up for somebody if they are not in the right spot. I think it just goes back to everybody just being relaxed. We knew what they was doing. We saw the formations. We saw all that. So we just got to settle down early in the game and just play football.

Q. The forced fumble looked like an extra punch. Describe that play. Do you feel like you swing the momentum with that play?

C.J. MOSLEY: Well, I've been punching and swinging all season, so I finally got one. Got a ball out. But yeah, it was definitely a momentum-changer because they was dropping the field again. Quincy got two -- we missed a bounce. We flew us to the sideline, so that definitely would have been a big play as well. We practice that all the time. It's fun and it feels great when it happens, when you get rewarded for the practice, for the work.

We've just got to keep working at it. Also get some interceptions and defense -- a few balls that never got up. We got to take the next step.

Q. At 1-4, what's the mood and thought process in the locker room?

C.J. MOSLEY: I mean, we came into this game very confident. We came over here very confident. We did all the right things, for our sleep, practice, sleep, practice, studying film, but this is the NFL and everything just doesn't work out just because you do the right things.

So you know, now we just have to really, like I said, look at ourselves in the mirror when we watch the film by ourselves and when we watch together. It's to the going to be pretty because like I said we left a lot of plays out there on all phases.

So we just got to be real with our selves and figure out

what we really need to do to turn this thing around because we have proven that we can win games and we can win games together. We have to make sure that we bring that mentality and work ethic every week.

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