## New York Giants Media Conference

Thursday, June 6, 2024 New York, New York, USA

### **Deonte Banks**

**Press Conference** 

### Q. Deonte, how do you look at the challenge of Adoree' is not here anymore and they're probably going to look for you now even more so than last year.

DEONTE BANKS: I actually love it. I take on the challenge and I just face it. I feel good about it.

### Q. Do you feel like them not making a move to resign Adoree' was a vote of confidence that you can do that?

DEONTE BANKS: I wouldn't really say that, but they believe in me, so they trust me to do it.

### Q. How was your off-season?

DEONTE BANKS: It was lovely. Love my off-seasons.

### Q. How is it being back?

DEONTE BANKS: Feel good. Feel real good. Get back with the guys, it feel real good.

### Q. Were you around here? Were you training back --

DEONTE BANKS: I was training in Florida.

### Q. Are you bigger than last year?

DEONTE BANKS: Just a little bit. (Laughter.) Just a little bit.

### Q. How much?

DEONTE BANKS: Like two or three pounds.

### Q. What did you prioritize in the off-season?

DEONTE BANKS: Just (indiscernible.) Trying and get my (indiscernible.)

## Q. Coach Henderson talked about you, wanting you to increase your NFL football 101 knowledge, film study,



things like that. How do you go about addressing that?

DEONTE BANKS: Being a better player every day, taking it day at a time.

### Q. (Plane interference.) That's a top honor a corner can get is to shadow someone around the field.

DEONTE BANKS: I love that. I actually shadowed a few receivers last year.

### Q. Do you remember who?

DEONTE BANKS: I follow CD (phonetic) our second game and also follow Wilson.

### Q. Do you look at that as a compliment?

DEONTE BANKS: Yes, for sure.

### Q. Do you expect that in this system?

DEONTE BANKS: I wouldn't say I expect it, but if it happens, it happens. I'm cool with whatever.

### Q. What are some of the differences you see in Shane Bowen's system compared to the last two?

DEONTE BANKS: Probably playing not as aggressive. It's still aggressive, but just not as aggressive.

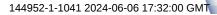
### Q. Can you get into it a little bit more? More zone? What exactly do you mean by that?

DEONTE BANKS: I wouldn't say -- it's just I guess a little bit more zone. I guess you could say that.

# Q. How does it suit you? What skills will it bring out in you? Obviously they drafted you last year thinking press cover corner.

DEONTE BANKS: I really still got the same responsibility. Still pressing, still up close on the guy. Don't really change that much.

... when all is said, we're done."



### Q. You have any goals this season?

DEONTE BANKS: I have a lot.

#### Q. You want to share a couple?

DEONTE BANKS: Really want to keep them to myself basically. Really for me.

### Q. When you look at the corners around you, Cor'Dale, obviously putting a lot on him.

#### DEONTE BANKS: Yeah.

Q. Some guys who last year maybe didn't fit in as well, right, obviously. (Plane interference.) How can you help with them?

DEONTE BANKS: We motivate each other and compete every day. That's how we uplift each other, by just competing.

### Q. What you do you think of Nabers?

DEONTE BANKS: I love Nabers. That's my guy.

#### Q. What do you think makes him a special receiver?

DEONTE BANKS: He's explosive. Me and him really like the same person. If you look at our build, size, speed, we are really the same person for real.

### Q. Matchups...

DEONTE BANKS: It's been real fun. Been real fun. Real competitive.

# Q. A year ago you were just adjusting to all this. What is it like to be in your second year and kind of know some of the ropes?

DEONTE BANKS: It feel way better. Feel really comfortable, really confident.

### Q. Did you ever lack confidence?

DEONTE BANKS: Nah, never.

Q. Just wanted to clear that up. How do you look back at your rookie year individually? How do you feel like you played, grew? Sum up your rookie year for us.

DEONTE BANKS: Feel like I had an okay year. I started out a little slow, and then like towards the end -- towards



the middle and end of the season I got better. Got my awareness, what's coming.

Just felt good, felt better.

### Q. (Plane interference.)

DEONTE BANKS: Yes.

### Q. What did you have in mind to say hey, I want to...

DEONTE BANKS: Just being aware. Being real aware what's coming. Knowing what to expect. That's about it.

#### Q. You mean like awareness on the field?

DEONTE BANKS: Yes.

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