

New York Giants Media Conference

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Chauncey Golston

Press Conference



Q. Coming from a four-down front in Dallas to a three-down here, how do you fit in this defense do you think?

CHAUNCEY GOLSTON: Dallas is a four-down but they're very multiple, too. Under both the last two coordinators we ran 4-3, 3-4. I feel that I would be able to pick it up -- there's no picking it up. It's what I've already done.

Q. Forget Dallas, how do you fit in this defense if you look at the way they align?

CHAUNCEY GOLSTON: The same situation I was in Dallas. You play, on the end you play three high, four high. It's wherever is needed. Versatility is everything.

Q. There have been a lot of edge defenders, edge rushers in recent years who have sort of taken a while to really hit their best. Do you feel like your best football is still out in front of you?

CHAUNCEY GOLSTON: Yeah, the sky's the limit. I finally get to a situation where I'm going to be able to play more, so I'm able to show what I can do more, showcase my abilities. And with more time, just keep ascending.

Q. Do you prefer having your hand in the ground or standing up off the edge?

CHAUNCEY GOLSTON: I prefer to be on the field. I would say (indiscernible) get me out there.

Q. Last year you obviously had your career year. You found a place where you were able to thrive a little bit. Does that give you confidence that you'll be able to keep that going with the Giants, get comfortable, figure out what you can do on the field a little bit more?

CHAUNCEY GOLSTON: Yeah, with experience comes confidence. And you keep putting one foot in front of the other, you're bound to make some more plays, go out there, things start slowing down more and more as you get

more experience.

Q. Was a big part of the deal being excited to play with Burns, Thibodeaux, Lawrence, guys who can get to the quarterback, was that part of the excitement for you to come to the Giants, to play alongside those dudes?

CHAUNCEY GOLSTON: Yeah. Also so as a kid I played for the Eastside Giants. It was kind of cool to, when I was able to become a Giant, that was nice. But also playing with those guys, that would be a nice experience seeing how like our games complement each other.

Q. You said Eastside Giants?

CHAUNCEY GOLSTON: The Detroit Eastside Giants.

Q. You've never lost to the Giants. You went 8-0 with the Cowboys. How do you flip that, now that you're on the other side of the rivalry, how do you flip that and make sure how the Cowboys were thinking of the Giants all those years, how do you guys get their respect?

CHAUNCEY GOLSTON: I don't even know how to answer this one. It's a team game. We go out there, do what we have to do and get these Ws. I don't really know how to answer this one, honestly.

Q. What do you think about changing sides in one of the oldest rivalries in the NFL?

CHAUNCEY GOLSTON: What do I think about changing sides? Just get doing it. Let's do what we gotta do. Let's go get some Ws.

Q. I know you were asked about the group as a whole, but you were asked about the defensive group as a whole, but what about Dexter Lawrence from afar impressed you?

CHAUNCEY GOLSTON: First of all, so when the Cowboys played last year -- us, last year -- I was on the sideline and I was looking him at Jumbotron, there's no way that guy's that big with a hit.

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I'm excited, I'm excited to work with him and pick his brain, talk to some experienced guys and see how I can improve my game.

Q. You mentioned obviously Thibodeaux. You mentioned Burns. Can you talk a little bit about how your skill set complements what those guys do and how they can complement what you do?

CHAUNCEY GOLSTON: With Burns, Burns is a speed guy. I'm more of the bigger end guy, and finesse, power, those usually go hand in hand. So with that, I'm just doing my part. I'm just here to help in my part of the role, and with time together, like with the OTAs and training camp, I would see exactly how that works. That question will be answered in time.

Q. We talk about when newcomers come into a locker room that's already building a culture, what do you feel you can bring to the Giants' culture?

CHAUNCEY GOLSTON: I'm more a lead-by-example guy. So however that may help whoever I can help, but I'm here to bring leadership from what I can do.

Q. What does it take to play violent and dominant as a defensive lineman? It feels like those two words kind of describe your game and feels like it's a critical element of how linemen on both sides of the ball need to play. Wondering how you generate that?

CHAUNCEY GOLSTON: It's a mindset. It's a mindset. You get a chance to go and move a man against his own will, you've got to do that. That's the mental thing. Also you can't go to jail for it out there. That's a nice plus (laughs).

Q. Is that a quality or a mindset that you either have or you don't? Like, can you build a mindset like that?

CHAUNCEY GOLSTON: Mindsets, those can be developed. It's just like you develop a routine of going to the gym. It all can be developed and around the right people that mindset can thrive.

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