

# University of Florida Football Media Conference

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## Knijeah Harris

Press Conference



**Q. The devastating block you laid down, where does that rank for you in terms of the hardest you've hit guys before?**

KNIJEAH HARRIS: Yeah, that was definitely one of my more exciting plays so far in my career. I think that's one of my harder ones, for sure.

**Q. Growing up in Florida, what does Florida-Florida State mean to you?**

KNIJEAH HARRIS: Growing up in Florida, my whole life I've been around football. Seeing the rivalry go down, all the grit players that's played throughout the years, it's definitely exciting to be a part of it.

**Q. (No microphone.)**

KNIJEAH HARRIS: Yes, it is.

**Q. What made you decide to go to Florida ultimately?**

KNIJEAH HARRIS: Just the culture and the guys here. I think they have a great culture. Just relationships I've built as well as the opportunities Florida had to offer.

**Q. Where is this team's confidence level? Compare it to whatever it would have been 15 days ago after Texas?**

KNIJEAH HARRIS: Yeah, I mean, I feel like we've never wavered in our confidence. We just know that every day we got to come in the building and go to work. I think we just kind of focus on that, just focus on working hard, stuff like that.

I think our confidence has been pretty consistent throughout the whole season. Just continuing to keep our head down, working, starting to show on the field.

**Q. It's not up a little bit after these last two weeks?**

KNIJEAH HARRIS: Yeah, of course, still riding high off the

last couple games. We try not to get too hey or get too low throughout the season. Just trying to keep a level head.

**Q. How do you think the season has gone? How much do you feel like you've improved over the past couple months?**

KNIJEAH HARRIS: Yeah, I definitely feel it's been a journey over the year, continuing to grow, maturing as a player on and off the field. Just continuing to take advantage of my opportunities.

I feel like from Miami to now, FSU, feel like I've grown as a player, gotten stronger, faster. Still getting more knowledge of the game. It's been great.

**Q. How do you stay hungry and humble in practice this week?**

KNIJEAH HARRIS: Just the things that coaches tell us. Keeping a level head. Focusing on the work, earning the right to win every week. The same things that got us to this point was the work we put in on a weekly basis. So just focusing on that going forward, trying to finish strong.

**Q. It's hard to stay the course, not get too high or too low. Are you having fun?**

KNIJEAH HARRIS: Yes, sir. Yes, sir. No doubt. It's definitely tough to win, especially in the SEC. Anytime we do get a win, it definitely is exciting.

**Q. What did you think of the dunking? Did you take part?**

KNIJEAH HARRIS: No, I didn't take part. I thought it was pretty interesting, pretty funny.

**Q. Did you go to Florida-Florida State games growing up, watching on TV?**

KNIJEAH HARRIS: Yeah, my junior year after the season, I went to the Florida-Florida State game that was here, my junior year.



**Q. Probably the last time Florida got a win in the series. How much would it mean to snap this two-game losing streak?**

KNIJEAH HARRIS: Any win is always great. Especially there's a little bit added when it's an in-state rivalry. Just want to go out and finish strong.

**Q. Billy's ability to stay steady during the ups and downs, does that lead the way for you guys?**

KNIJEAH HARRIS: No doubt. Coach Napier is always keeping us in the right mindset. I think just constantly drills us about the work and grinding, the things that's going to help us win, not focusing on the other things and the distractions, the outside noise that have us go off our paths. Just focusing on the work and getting prepared to work each week.

**Q. Do you see that in (no microphone)?**

KNIJEAH HARRIS: Yes, sir, I mean, I feel like it's an example to follow, to not get too high or too low, like I said before. Always keep a level head regardless if we're winning or losing. Having the same mindset no matter what.

**Q. How do you feel your season has gone for you? Have you gotten better?**

KNIJEAH HARRIS: Like I said before, continuing to grow as a player. Definitely more reps and feeling more comfortable out there. Definitely been great to have those opportunities.

**Q. What part of your game has improved the most?**

KNIJEAH HARRIS: I would say just discipline, my technique, my fundamentals and stuff like that. As well off the field getting stronger, faster, growing in that aspect as well.

**Q. Coach talked about changing the way you practice, the competition periods. What difference has that made? Did you detail one particular period where things get real competitive?**

KNIJEAH HARRIS: Yes, sir, no doubt. I feel like I'm not exactly too sure on his plans for us after the season. Just every week we have team run period. That kind of sets the tone for the day. Six straight plays of run play, the D-line knows it's a run play. Just getting that mentality to go out there and compete.

It's definitely helped us throughout the year. Definitely

going into the bowl game after the full season, probably get a little bit off of us, but still working and grinding towards the goal.

**Q. What happens to the loser in that competitive period?**

KNIJEAH HARRIS: Yeah, so we have competitive periods throughout practice, one on one, seven on seven, whatever it may be. At the end whoever has the less amount of points has to go gasser. So it's a little added.

**Q. (No microphone.)**

KNIJEAH HARRIS: Yeah, kind of just like similar to the entire team: being levelheaded, keeping the same mentality no matter what. Just seeing his growth over the year, from Miami all the way to now, he's been a great leader, competitor, always kept a level head.

**Q. (No microphone.)**

KNIJEAH HARRIS: I think, like I said before, the entire team having the same mindset to work and grind, stay levelheaded no matter what, not wavering on anything of our standard. I think everyone has that same kind of mindset.

**Q. Does it make it more impressive to see how he's being able to perform at quarterback as a freshman?**

KNIJEAH HARRIS: Definitely impressive. I had to play a little bit last year, as well. It's even harder at the quarterback position. I think it just goes to show the level of work he's put in. I think he deserves it.

**Q. What did you think about the way Montrell stuck to it, was rewarded there?**

KNIJEAH HARRIS: I was definitely proud of Montrell. Definitely great to see him back out there after the injury. Throughout the injury and everything, going out in the season, keeping his head down working. It's showed on the field.

**Q. What have you seen from Bryce?**

KNIJEAH HARRIS: Bryce has done a great job. Just a tough guy. Stayed the course no matter what, like everyone else on our team. Just continued to work. Working on our craft as the O-line, some of the fundamentals and stuff like that. I think he's done a great job stepping up.

**Q. The group as a whole, how do you feel about how**

**the O-line has played this year?**

KNIJEAH HARRIS: Yeah, I think it's kind of the five equals one. Kind of like a brotherhood, playing for each other, going out there every day and competing. I think we push each other in that aspect. I think it shows on the field.

Thank you, guys.

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