

Washington Mystics Media Conference

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Morgan Jones

Media Conference



Q. As you kind of approach this camp, and I know it's a day in but you guys were also here last week, how have you approached it all as you try to make the roster? What have you wanted to show coach es and how have you just approached it all?

MORGAN JONES: Really by not just overthinking what got me here. Obviously what they seen in my game that they liked, that's the reason I'm here. So trusting my skills and not doubting myself for a second. Trusting God. Obviously He's the reason I'm here as well.

So just knowing I'm here for a reason. Just being comfortable with making mistakes and also learning from them. We have great coaching staff, great returners, everybody that is willing to help.

And just like I said being confident. Not trying to do too much. Stay within what I do, and I would say just relaxing and just like learn.

Q. Jeff Walz, obviously your head coach there; he coached a lot of pros.

MORGAN JONES: Uh-huh.

Q. What's the biggest piece of advice he has given you heading into the WNBA season?

MORGAN JONES: Really just unlocking another level of toughness. I know that he instills in his players how important it is to be tough, even if like things aren't the going right.

He's a hard coach to play for, but when you leave and realize like, wow, I see exactly what he meant, and everything he teaches translates to the next level. I think they do a great job getting prepared for whatever your next pro journey looks like, to be able to stand out and do the hard things.

Q. I saw that you played in Greece and Mexico over

the past couple years.

MORGAN JONES: Uh-huh.

Q. Curious how those experiences set you up to get to this point and play the a your best in camp?

MORGAN JONES: I just believe everything I've been through has been part of the journey. Sometimes it isn't -- you don't know where it's leading you to, but it's leading you to something greater. I took something from every year I had overseas, just enjoying the little things.

That's what I think I've learned to do. Just learning from other players that are there and just continue to figure out things about yourself and about your game.

I think everything translates to whatever you're doing next in your journey.

Q. I was wondering, what have you been doing in practice to hopefully make yourself stand out from your counterparts?

MORGAN JONES: Like I said doing what I do, learning things that they want out of their program, listening to whatever they want out of me.

Just paying attention to the veterans, what they been doing. I would say being my best self; not trying to be anything that I'm not.

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