

# The Senior Open

## Presented by Rolex

Thursday, July 22, 2021

*Sunningdale, Berkshire, England*

Sunningdale Golf Club

## Paul McGinley

### Quick Quotes



FastScripts by ASAP Sports

**Q. You've done a lot of broadcasting leading up so the Senior British Open. How much does it help playing a golf course and competition you've played so much in recent years?**

PAUL MCGINLEY: Yeah, it helps hugely. I know the greens, know the golf course. But you know, it's not rocket science to play this golf course. It's a classic Harry Colt course, one of the best courses in the world, many people's favourites, and you can see why. It's at its absolute best at the at the moment.

The one thing I have learned over the years is you can't play from the rough or the heather, and I did my best to try to do that today.

69 was a really good score. I hit five fairways and that's not good enough around Sunningdale. If I want to do better at the weekend, I need to brush up on my tee shots.

**Q. How much do you feel like your broadcasting duties last week at The Open Championship really set you back as far as preparing for this week?**

PAUL MCGINLEY: Yeah, obviously quite a lot. I mean, as much as I love to play it, out of all of the things that I do at the moment, I still love to play more than anything. That's what I get the most buzz out of. I still love to play when I'm home, practising, chiseling away at it, looking for the secret. I love to play golf, this week and next week, getting two 72-hole tournaments. I'm looking forward to it.

And stamina is an important thing now because we haven't built up the miles in terms of rounds of golf. I think that's my third round of golf in five weeks. That's not a lot when you're contending against players who are so good and such quality in these fields. Pacing myself is really important now and trying to keep my stamina going, and as a result, keep my mental stamina going more than anything.