

# Ford Championship presented by KCC

Thursday, March 28, 2024

Gilbert, Arizona, USA

Seville Golf and Country Club

## Lilia Vu

### Quick Quotes

**Q. All right, here with Lilia Vu. Tied for leader in the clubhouse after an 8-under round today. Can you talk about your round and the several birdies you had out there. Chip-in, few long putts.**

LILIA VU: Yeah, today, honestly, my only goal was to hit the ball solid. It's been rough the past couple weeks with how my body is doing and just struggling with a back injury.

But I'm almost 100%, so it was really fun to play without pain today and focus on where I wanted to hit the ball instead of bracing for pain.

**Q. How do you give yourself grace and your body grace a little bit when it does crop up like that? It happens. You're athletes out here. How do you keep yourself in check when the pain does come up?**

LILIA VU: Yeah, I think my team does a good job of that. I am very hard on myself, so definitely got in my own way last week and was really hard on myself even though I was still working through the pain.

I did pretty well given that I was spazzing out the first two rounds. Got better during the weekend and I can't ask for anything else.

**Q. I think your motto is I just want to go make a bunch of birdies. Well, you did that today. When you have a round like today, how would you rank that when it comes to that goal of just making a bunch of birdies? Because you made a lot of them.**

LILIA VU: Yeah, I think that really wasn't my focus. It naturally happened. I think I was really excited to pull off shots that I saw in my head. It's been a while since I've been able to hit a shot that I see, so I think it was super fun to be like, okay, I can hit a nice little draw here. Ends up maybe like 10, 15 feet, and go and try and make it.

**Q. I know I asked this earlier, but for you that is a player that's hard on herself, after a season like last**



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**year, again, and giving yourself grace and kind of low expectations, it's early in the year out here, is there a method to the mental attitude you have to take after a season like that?**

LILIA VU: I think I struggled a little bit the last couple months. I was holding myself to too high of a standard, and I really have to go back to my root of finding fun on the golf course before and not letting my results kind of define me.

I think when I have a really simple goal for the day golf speaks for itself at the end of it.

**Q. How much have you enjoyed being on the west side of the U.S. in the past few tournaments?**

LILIA VU: Oh, my gosh, it's so fun. I was telling my caddie today this course felt like my home club at home, so I was very deserty golf, which I really enjoy.

**Q. Is there anything else in particular that you can related to your home course?**

LILIA VU: I think just --

**Q. Or maybe the way it's set up, too?**

LILIA VU: I think the way it's set up. It's rewarding at some points, and if you hit good drives you're able to convert on par-5s.

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