## **Portland Classic**

Friday, August 15, 2025

Portland, Oregon, USA

Columbia Edgewater Country Club

## Savannah Grewal

**Quick Quotes** 

Q. All right, here with Savannah Grewal after her second round of The Standard Portland Classic. Just talk about how you felt like you've been playing the past couple days.

SAVANNAH GREWAL: Feel like I've been hitting the ball really well. Gave myself a lot of good birdie looks obviously yesterday and today, which makes it easy on the putting when I have nine, inside nine feet for birdie.

At that definitely helps. Ball striking felt really good.

Q. How tough is that to do out here? Heard and seen that fairways are kind of narrow, especially visually, so seems like you must've been hitting the fairways pretty well then.

SAVANNAH GREWAL: Yeah. I feel like my driver has been really good. I've just really focused on my breathing on the tee, just visualizing the shot shape I want to hit and then just executing it.

I feel like just stayed really couple and present, and that's helped me hit the fairways. And then once you're in the fairway it makes the approach shots a little easier, so that definitely helps.

Q. Is that something you worked on recently with the breathing?

SAVANNAH GREWAL: Yes. I've kind of always done breathing thing. I feel like last year I kind of got away from it a little and even early on this year.

Been working with Dr. Julie with the LPGA just with the mental stuff and I think that's helped a lot.

Q. That's awesome. Do you think that's a common thing lots of people do out there? You've clearly seen it helps you a little bit, too.

SAVANNAH GREWAL: I think breathing is just something -- it's a tool you always have with you. You don't need



anything to do it. You're always breathing anyway, so it's just something that's easy to go back to.

Q. Talk a little bit, too, I know golf is different from other sports where we have so much time out there in our heads compared to a quicker-paced sport. Is that something that is tough?

SAVANNAH GREWAL: Yeah, I think it definitely makes it tough. I think it's hard to be out there for sometimes over five hours, especially if it's hot out, just staying hydrated, making sure you're eating enough, and then just not letting your mind wander to best-case scenario, but sometimes worst -- case scenario, too.

I think staying present is important and hard. I've been very lucky where my dad is on my bag this week. He's kept me calm and collected.

Q. Awesome. And then having scored like this before your national Open in your hometown, can you talk about how this week is preparing you for next?

SAVANNAH GREWAL: Yeah, I think I hadn't played an event since Dow in June, so it's been a little bit of time, a little break. So it was nice to be able to go home and regroup and also work on things. So now to come out and compete again and see myself playing well is exciting, especially being in my hometown next week.

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