

Mizuho Americas Open

Sunday, May 10, 2026

West Caldwell, New Jersey, USA

Mountain Ridge Country Club

Alison Lee

Quick Quotes

Q. Joining us after the final round of the Mizuho Americas Open is Alison Lee. Alison, just a really strong showing this week. It is your best finish after coming back from maternity leave. Can you reflect on this week a little bit?

ALISON LEE: Yeah -- sorry, I don't want to get emotional. I feel like this last year has been so difficult, you know. I've worked so hard, so many nights of no sleep and, you know, trying to motivate myself to wake up, show up to the gym, show up to the golf course, even if it's for a little bit to work on my game and try and get back out here and perform well has such a journey and it's been really hard.

And to have weeks like this where I can really say that all the hard work I put in is paying off and see myself have a good finish at the end of the week is so rewarding. To be able to do that and have my son here on Mother's Day and my mom is here, too, it means so much.

Yeah, I mean, this is what I worked so hard to do, you know. There are so many moments where I thought, oh, my God, I'm doing everything I can. I feel like I'm going backwards. My speed isn't the same. I'm not hitting the ball as far. I don't have enough time to practice. I feel like I'm falling behind. All these great players out here who are so good and they can spend hours and hours perfecting their craft. For me I have a limited amount of time.

I just felt like my preparation and everything I've been doing leading up to these events wasn't enough. But to be able to post a good score today, have a really good week, this is my third LPGA event back now, it does feel really, really good.

And for me anyway, it's just the start of the season, so it gives me a lot of confidence moving into the next few months. I've said it before, like my goal this year is to fun but also make the Solheim Cup team.

I still want to win out here. I mean, that's my goal. I still don't have a win on the LPGA Tour, and over the last year I felt like all the prep I've done just wasn't enough.



And to get a little bit of a glimpse this week and put myself somewhat in contention, and to be playing later in the day on Sunday was really nice. It just proved to myself that I just need to keep going and keep giving it everything I have and pushing forward.

Q. It seems like there has been a lot of love out here surrounding you this week. Your mom is here, son is here. Megan Khang, always see her around with Levi. Talk about the community you built out here and what it means to have the support just in a wider sense as you go through this part of your life?

ALISON LEE: Yeah, it's tough just raising a baby in general. For me to be able to have help like my mom coming out this week. She'll also be there next week. I couldn't do it without her.

And especially someone like Megan, you know, I'm rooming with her next week as well. She'll help once in a while too, maybe even watch him for a little bit, just give me a little bit of a break so that I can -- because it's no stop, it's all go.

First thing I wake up, I go play, and then after I take care of Levi and we spend all afternoon together, and I don't really get time for myself.

And so it's nice to have someone there who I know will be able to watch him even if it's five to ten minutes and I know he's in good hands. I feel like that's kind of how it is where everyone on Tour and the parents out on Tour as well.

Like even in dining I'll go in dining and someone will play with him or hold him for five to ten minutes so I can at least eat, you know what I'm saying?

So it's been great. My son, too, is such a rock star. He's been able to travel and go through all these changes really well. All these new environments. He welcomes it. He's super friendly, so even if he's playing with other players or other people, he's great, which helps me as well.

So it's -- it hasn't been easy but it definitely helps that I have that kind of support.



Just try and continue to do more the same.

FastScripts by ASAP Sports

Q. Yeah, and then you talk a lot about inspiring Levi but you definitely are an inspiration to a lot of other women on Tour, that you can balance playing really good golf and having a family. What does that mean to you specifically to be influencing your peers in such a positive way?

ALISON LEE: I mean, at the end of the day it's so, so, so difficult, and I think everyone does what they want to do in terms of whether it's having a family or play golf out here. Because it's so hard. Like if you're playing the best golf of your life it's hard to give that away and just step away if it. Oh, okay, I'm ranked top 10 in the world. How am I supposed to step away from this.

So it is a very difficult decision. Even for me now, even though I am saying it is possible to do it our here, it is so, so, so difficult.

I mean, realistically speaking, like five, ten years from now I don't know if I can do it. It is a challenge every single day waking up and trying to balance everything.

But, yeah, I would love to have more players out here and not give up their dream and they can put it on hold for a little bit. It is very difficult to do, but thankfully, thankfully, I've been able to put it on hold and come back and have a strong week.

Hopefully it won't be the last.

Q. Inside the ropes when it's just you and the golf course, how did it feel this week? You put up great scores. You were solidly in contention all week. How does it feel physically and mentally to put up such a good four rounds?

ALISON LEE: It feels really good. I mean, like I said, I feel like I can't really prep the same way as I usually do, and so coming into an event I always don't quite feel ready because I know what -- how I prepped before, and I would spend hours and hours practicing, playing, doing all these things.

Because I don't get that, coming into a tournament I just don't feel ready. I just kind of have to put together a good round and put together a good tournament with what I have. And so thankfully this week I've been able to do that.

I feel like I did a good job of that at JM Eagle, too. I feel like I'm working on the right things, and hopefully I can just continue to do the same thing and just polish a few things here and there.

