

# 2025 NCAA Wrestling Championship

Friday, March 21, 2025

Philadelphia, Pennsylvania, USA

Wells Fargo Center

## Vincent Robinson

### Semifinals Media Conference



125 Lbs

THE MODERATOR: Vincent Robinson of North Carolina State defeats Sheldon Seymour of Lehigh to advance to tomorrow's national final by a score of 4-2.

VINCENT ROBINSON: I just want to say thank God. I want to thank God first, and I want to thank my family and all my supporters and my coaches and my teammates that believed in me.

I put in so much work, and they all seen it. And I told 'em at the beginning of the year, like, once I get this shot, bro, I'm just going to take it. That's what I did the whole year. Now we're here, living my dream.

**Q. Vincent, first NCAA championship. You've won a lot of great tournaments, bought how does this compare to the others?**

VINCENT ROBINSON: It's like a dream. I swear, I swear. It's insane, bro. I can't even talk right now. I just go to sleep, I wake up, and I dream about this every day. Now it's just here.

Compared to all my other tournaments like in high school, I think I won decent tournaments, but I never won a high school state title, either. All year my brothers was like, Hey, it would be crazy if you never won a high school title but you won a national title. I was like, Okay.

**Q. Just talk about this match, man. You got the early lead, and you were able to take that to the victory. How important was it for you to get out in front and establish that it was your match?**

VINCENT ROBINSON: I just knew it was my match all along. I just knew I had to stay in good position because he is a great wrestler. So I knew I had to stay in good position, and I know what his favorite shot was. And I kept that in the back of my mind, but I also had to think about what was my shots to go to.

And he made that one mistake, and I countered off of it. I just knew I had a good pace, and me just staying for it, I was like there was just no way. So I got the job done.

**Q. Talk about preparation for tomorrow. You've got a full day and then a chance to be a national champion. How do you get yourself in the right physical and emotional mind-set to come in here and get what you want?**

VINCENT ROBINSON: Just staying disciplined, like I've been doing all weekend with my -- Coach Pat, Coach Tommy, Coach Kevin and Coach Espo, they have all been telling me to stay disciplined, get good rest, get the weight off when you need to. So I'm just going to get that weight off in weigh-in tomorrow and wait till seven o'clock tomorrow.

THE MODERATOR: Congratulations, Vincent.

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