

BMW Championship

Friday, August 15, 2025
Owings Mills, Maryland, USA
Caves Valley Golf Club

Ludvig Åberg

Quick Quotes

Q. How would you characterize the round today?
Great back nine as well.

LUDVIG ÅBERG: Yeah, it was nice. Obviously it becomes a lot easier when you hit the fairways, which I did on the back nine, except for No. 12, and the greens were still fairly receptive from the rain we got yesterday. Could be quite aggressive coming into some of these greens.

But overall pleased with the way I played, pleased with the way I was sort of controlling the ball flights, which was really nice to see.

It was nice to roll in a few putts on the back nine as well.

Q. Do you feel like your game is coming around over the last couple months?

LUDVIG ÅBERG: Yeah. Yeah. Definitely. I've kind of gotten away from some bad, poor habits in my swing that I did sort of early spring, early summer which I didn't really like. Definitely gotten better at that and definitely swinging it better now than I did a couple of months ago, so I'm pleased to see that coming around a little bit. It's a nice time for it.

All we can do is keep working on it and keep improving and see where that takes us over the next couple days.

Q. What are some of the bad habits you got into?

LUDVIG ÅBERG: Well, technically I've kind of got a little bit of a weak face going in my downswing, and with a weak I can't really turn with my body so I get unathletic, if you will, and I have to save it with my hands and it gets a lot of exit left and club path is way too much left. Worked on that, gotten the face a little bit stronger so I can turn, and it's been nice to see that improvement, and that's the way I like to play golf.

Q. Are you still having to drill those in? I think dating back to Memorial, you've basically gained strokes approach every week. Is it a point where that new stuff



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is engrained?

LUDVIG ÅBERG: I don't think it's ever going to be engrained. I wish it was. I think I'm always going to have to work on things. I'm always going to have to be aware of where I'm at in the golf swing. But I feel like I've gained a lot of knowledge. I've gained a lot of experience in the last couple of months about things that work for me and don't work for me. I feel like I know my golf swing better now than I did say 12 months ago, which is -- ultimately that's what you like. That's what I want. I like to improve and I like to see things that I can do to change things. But yeah, is it totally engrained, probably not at the moment. But I feel like I'm pretty pleased with where it's at.

Q. Growing up, were you into the technique aspects, or was it just kind of swinging it?

LUDVIG ÅBERG: I think I definitely wasn't until high school. Before high school, I just -- I played big slice, big hook, all these things. I definitely learned how to play the game. Then went to high school and we did a lot of technical stuff, obviously long winters inside and lots of technical work that needed to be done.

Obviously it's a fine balance between performing and being in that technical space, but I try to stay away from it as much as I can and just be athletic when you play golf. But yes, there's definitely things that you need to be aware of in the golf swing.

Q. Through 36 holes, what have you found you like about the course and overall assessments of it?

LUDVIG ÅBERG: Yeah, it's a tough course. You've got to drive it well. You've got to hit fairways. The fairway bunkers are quite penalizing with the big lips. So far I've been keeping myself out of those, which has been nice.

I think overall the greens are rolling nice, quite breaky putts, quite tricky and fast going down the hills, and you've got to leave yourself in the right spots, which is the way it's supposed to be.

I'm looking forward to two more good days.

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