

Sony Open in Hawaii

Sunday, January 18, 2026

Honolulu, Hawaii, USA

Waialae Country Club

Ryan Gerard

Quick Quotes



Q. Ryan, how would you assess the round today?

RYAN GERARD: Yeah, just got off to kind of a slow start. Was kind of not hitting it great and scraping around actually pretty well through four, five holes, and then kind of a weird bunker shot. Not a great putt on 6. Not a great putt on 7. And hit the mental reset button on 8 and from then on played really, really solid.

You know, it was easier in the fact that there was less wind, but it was tougher in the fact that hole locations were in kind of tucked spots in the greens and the fairways were getting firmer, so you had to be really precise with what clubs you were hitting off the tee.

Especially on some of those doglegs. They would run through the fairway if you weren't careful.

So played solid coming in the last ten or so holes, but just kind of didn't do enough early in the round give it a real chance late.

Q. When you hit that mental reset, how do you do that? Is a little bit of self-talk?

RYAN GERARD: Yeah, a lot of negative self-talk, calling myself basically every name in the book, and then just trying to completely just like zone out and then zone back in is kind of how I describe it.

So it's a weird kind of thing. I'm sure a lot of guys do it. But it's one of those where you just say a bunch of negative things to yourself, zone back out, and refocus and reestablish the confidence and just try and reset and then go from there.

Q. I think we talked yesterday about the fact that you didn't have a full offseason. Just a few weeks off here and there. Carried it over in a great finish here. How much can this propel you into the rest the 2026 season, especially the next few events you play?

RYAN GERARD: Yeah, I mean, I feel like my game is in a

really solid spot. I think obviously there is things that I can work on and get better at, but the game is in a really good spot. My last couple results showed me that.

You know, the plan for 2026 is going to stay the same no matter if I within every week or finish dead last every week.

I have a really good schedule. I'm going to go out there, prepare, play my hardest, and then just kind of focus on my process, and whatever the result is, you know, I'll live with.

Hopefully it's more first place than last place, but just a lot of good golf but not a lot of trophies. So that's kind of life as a professional golfer, and hopefully, you know, can change that here shortly if I keep playing good and kind of get a little bit sharper on some of the things I need to clean up.

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