

# THE PLAYERS Championship

Thursday, March 9, 2023

Ponte Vedra Beach, Florida, USA

TPC Sawgrass

## Cam Davis

### Quick Quotes

#### Q. A 3-under start; how pleased are you with this?

CAM DAVIS: Very pleased. It was a good solid round of golf. Kept it in play really nicely, made a couple putts here and there. But it was just a really well put together round and stayed in it nicely with the mental game as well. I kept calm and cruised my way through the round and if you can do that four times around here you're pretty happy. So great start and, yeah, happy with the round.

#### Q. How would you attribute this score to?

CAM DAVIS: I would say less so the swing and more so just my thinking. I think I've just cleaned up a few things up in my head. It's been a bit of a rough start to the year, but I feel like I'm starting to work on things that will really benefit me. So, yeah, this is a nice little bonus to shoot a nice round at this point in time but, yeah, hopefully just it's getting better and better.

#### Q. You're saying rough past few weeks for you, what's been going on there?

CAM DAVIS: I've been unwell for the first couple months of the year. Haven't really been able to practice much. I let a few things get to me. Also we're playing such tough courses out here like Riviera, Bay Hill they're always set up that you need to be really on. The frustration was getting a bit too much for me. So, yeah, decided to turn things around. This is the first week where I'm really feeling like I'm starting to get the hang of it again. Yeah, hopefully this is just the beginning for me again. So I'm looking forward to tomorrow, looking forward to the rest of this week, but I feel like the stuff that I worked on today is going to be really good for me going forward.

#### Q. Do you feel like you're back to a hundred percent again?

CAM DAVIS: Physically, yes, I'm not sick anymore, which is great. So last couple of weeks I've started to feel a bit better. The first couple of the months of the year were rough, but it's been getting better and better over the last



few weeks. Now I feel like I can play a round of golf like today and still have the energy to go and practice, and I feel like that's the point now where I can start putting a lot of hard work in and I have been.

#### Q. What's been in the change in your mindset as you were referencing to?

CAM DAVIS: Just controlling the things that I have control over. Just being nice and relaxed between shots. Just focusing when you need to focus, switching off when you need to switch off. Just making sure each shot you hit you're fully committed to hitting a good shot because it's very easy to get distracted with the water and the tight lines off the tees out here.

The more you can stick to what you can control and think about the right things, the easier it is to put a good swing on it.

So the swing's felt fine for a little while now, it's just freeing myself up to hit good shots. So, yeah, again, today felt like I did a good job of that and I feel like good golf can be tied back to good thinking for me. So, yeah, just try and do it again tomorrow.

FastScripts by ASAP Sports

