

# RBC Heritage

Friday, April 18, 2025

Hilton Head Island, South Carolina, USA

Harbour Town Golf Links

## Russell Henley

### Quick Quotes

**Q. Russell, how would you kind of characterize the round today?**

RUSSELL HENLEY: How I played, I struggled a little bit with my swing, just felt a little uncomfortable. Feel like I was kind of going back and forth with a few different thoughts with the driver.

But I feel like I hit my lines really well and putted well and had some really good up-and-downs. Short game was good. Yeah, I managed.

**Q. Did you get back in your head like you said you did last week during the first round with your swing?**

RUSSELL HENLEY: It wasn't quite as much like that. It's just some days I feel a little bit uncomfortable and antsy, and that was just one of those days.

**Q. Is that something you always battle, or have there been times -- like you won earlier this season. Was there still times then when you felt like you were battling the swing?**

RUSSELL HENLEY: Absolutely. I never feel like I got it, like it's perfect. Maybe for nine holes at a time.

Yeah, every shot's so different. The wind's different. The look of the fairway's different. So some days I just feel a little bit more anxious than other days, I guess I would say.

**Q. That said, if today was one of those anxious days, still put yourself right in contention. Does it feel like how you want to manage those days?**

RUSSELL HENLEY: Yeah, I feel like I'm always nervous, so like I've kind of gotten used to it.

I felt like I was really committed to my shots. I felt like we made good decisions. Andy made some really good calls on clubs today. And I feel like I had some really key up-and-downs that kept the round going. So that was kind of it in a nutshell.



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**Q. Is this maybe the best your game has felt in maybe how long?**

RUSSELL HENLEY: I would say the last three or so years has been my best stretch of golf ever. Ever since I started working with Phil Kenyon on my putting, I've gotten a lot of confidence and a lot of clarity. I feel like I'm not really thinking, I'm just playing, and I think that's kind of snowballed into doing everything a little bit better.

**Q. When you came out on TOUR, you were known as a really good putter. Was there a moment where you kind of felt like it dipped and you needed to kind of --**

RUSSELL HENLEY: Yeah, totally. 2018, 19, 20, 21-ish, I started to hit it really well. I just like -- I mean, my putting stats were bad. In strokes gained, I was one of the worst on TOUR. Just really streaky.

Yeah, I started to get anxious because I kind of felt like, okay, I'm hitting it well now, and I just kind of put a lot of pressure on myself.

**Q. When you're nervous with the swing or whatever, does that usually manifest in a specific miss, or can it kind of go both ways?**

RUSSELL HENLEY: It can kind of go both ways. Yeah, just depends on the day. Sorry, that's not the answer you want.

**Q. That's just what it is, right?**

RUSSELL HENLEY: Yeah, that is what it is, if I'm being honest, yeah.

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